

QUIET DAY 13 FEBRUARY 2016

LENT & THE TRANSFORMATION OF THE UNCONSCIOUS

Love people even in their sin, for that is the semblance of Divine Love and is the highest love on earth. Love all of God's creation, the whole and every grain of sand of it. Love every leaf, every ray of God's light. Love the animals, love the plants, love everything. If you love everything, you will perceive the divine mystery in things. Once you perceive it, you will begin to comprehend it better every day. And you will come at last to love the whole world with an all-embracing love.

--Fyodor Dostoyevsky, *The Brothers Karamazov*

The Beatitudes

Blessed are the pure in heart, for they will see God:

humble

mourn

meek

hunger and thirst for relationship with God

merciful

pure in heart

peacemakers

When someone enters your orbit, how do they feel? Does your presence help them feel like they are loved? That they are sacred creatures – they may not realize what you know, that they are divine, but do they “feel” or “intuit” because of you (if, or to whatever degree, they will allow their self) that they are of utmost value and deeply loved? And does this continue throughout their encounter with you? Even if they don’t realize at all what’s going on, is something soul expanding and joyful happening simply because they were with you? Are they brought to peace, to some degree and even if just for a little while, simply because they were in your presence? Does your loving kindness ... your love and kindness ... invite people to experience the Light, Life, and Love of God right here right now?

I Corinthians. 13

Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things. Love never ends.

Matthew 9:13; 12:7

“Go learn what this means, ‘I desire mercy not religion.’ For I came not to call the righteous, but sinners.”

“Because you have failed to learn what this means, ‘I desire mercy not religion,’ you have condemned the innocent.”