

SAINT BARNABAS EPISCOPAL CHURCH

The MOCKINGBIRD

All-Parish Newsletter | November 2019

Gratitude Sunday

NOVEMBER 10

Buskaining a Christian

Gratitude Sunday is when we make our financial pledges for the coming year and we pause to give thanks: thanks to God for the many, many gifts in our lives...thanks for the saints of Saint Barnabas for all of their goodness, love, devotion, and generosity throughout our history and into our future. We are indeed grateful. See you November 10 to celebrate 2020 being another exciting year in our parish life.

Pless you and blessed be (Tod.



Boundless Presence

DISCIPLES WHO Love & Serve

"Disciples Who Love and Serve is off to a great start! Thank you all for responding to a generous God and sustaining a thriving church this pledge season! I love serving with you ALL! - Cynthia Ballard Statham, Pledge Chair 2020

Come engage with fellow parishioners through one of the remaining opportunities this month:

+ Grateful Gatherings ~ November 1, 2, 8 & 9. Sign up in The Other Cup or online at: www.saintbarnabas.org/dinners

+ St. Luke's at the Mountain Food Pantry ~ Bags available in the courtyard to fill and return with nonperishable food items through November 10.

+ Emergency Food Kit assembly in Hutton Hall on November 10 ~ Church walk-ins need our love and support. See below!

PLEDGE EVENT: EMERGENCY PACKS | SUNDAY, NOVEMBER 10 | 11:30AM | HUTTON HALL



There are all sorts of things we take for granted every day. Imagine waking up each morning having no idea how you might eat that day. On Sunday, November 10, following the 10:15/10:21 services, come to Hutton Hall to help put together emergency food packs for those in need. Packs will have assorted non-perishable food items that will be given to people who come to the church for assistance during the week (20-30 people come per month). The packs will provide a few days of sustenance as recipients work to make ends meet and get back on their feet. Join us November 10, and always in prayer for those who are unemployed and underemployed in our community.

FAMILY PROMISE HOSTING HOMELESS FAMILIES DECEMBER 1-8 | SAINT BARNABAS

We are hosting homeless families through Family Promise during the first week of December. We parishioners serve to prepare food, provide entertainment and crafts after dinner, and some of us stay overnight. There is laundry to be done when the guests leave; there is set up to be done on Sunday morning before they arrive. There are many ways to help and many hands needed. This is a fun, enjoyable and valuable ministry. You can sign up on the patio after church on Sundays in November. **Come join us!**

Contact: Jane Gharibian (602) 368-9138 or Tom Tischer (480) 231-0782





ANGEL TREE CHRISTMAS CHEER FOR EVERY CHILD

For over 20 years, Saint Barnabas has partnered with Angel Tree®, a national program of Prison Fellowship, to share God's love by helping to meet the physical, emotional, and spiritual needs of the families of prisoners. When mom or dad is in prison, their children are often the silent sufferers. You can let them know they are not forgotten by shopping for Christmas gifts on behalf of their incarcerated parent and in the name of Jesus. With your help, Saint Barnabas provides Christmas gifts for 400 children during the holiday season.

There are lots of ways to be involved and you can find out more on our website. We will have trees out on the patios after church on Sundays starting mid-November for you to come by and choose children's names off the trees. Thank you!

Kate Fimbres - Minister of Youth and Parish Life kate@saintbarnabas.org Learn More & Sign Up: www.saintbarnabas.org/angeltree

HOW TO HELP

There are many ways to help with Angel Tree. Whether you're shopping, wrapping presents, labeling bags, making phone calls, or delivering gifts, there are MANY opportunities to get involved and we need your help!

1. Shop: By Christmas shopping and spending around \$75 per child, you can help provide much-needed clothes and shoes as well as toys for 400 children this Christmas. We partner with the children's caregivers to know what each child wants and needs – just let us know how many children you would like to shop for and we'll provide details.

2. Wrap Gifts: On December 9, 5-8:30 in Hutton Hall, we'll meet together and have a wrapping party. Join us as we fill Hutton Hall with hundreds of wrapped gifts!

3. Deliver Gifts: Join us on Saturday, December 14 in delivering Christmas gifts to families. We need lots of drivers!



CHRISTMAS CARDS NEEDED!

Our Tuesday Morning Workshop group is collecting Christmas cards to send to the military. We are looking to collect around 1500 cards! Drop them off in the church office during the week or on the patio on Sunday mornings. Contact Shirley Adelmann to learn more: *sadelmann@cox.net*

SANDWICHES FOR EAST VALLEY MEN'S CENTER MORNINGS, 7AM, NOVEMBER 3 - NOVEMBER 9 | HUTTON HALL KITCHEN



Every other month, we spend a week of mornings making sandwiches and assembling bag lunches for men who are currently residing at the **East Valley Men's Center** in Mesa, Arizona. We gather in the Saint Barnabas kitchen and put together the lunches and then one of us delivers them to the center. It's a fast, easy way to make a huge difference in the lives of men who are working hard to get out of a difficult situation. We meet in the Hutton Hall kitchen early every morning during "Sandwich Week."

To learn how you can get involved, contact: Bil Zeleny: *onel5969@cox.net*

QUIET DAY SATURDAY, NOVEMBER 9 | 9:30AM-1PM | SANCTUARY

What does it mean to feel present in the moment? Our monthly Quiet Days allow space to practice prayer and meditation to help you explore the possibility of peace in your soul and a deep connection with God. The Rev. Jim Clark leads the day, which includes teaching, silent time for walking and contemplation, and sessions of communal silent prayer. The day concludes with Holy Eucharist. Please bring your Bible. All are welcome.



FAITHFUL LIVING, FAITHFUL LEGACY SUNDAY, NOVEMBER 17 | 11:45AM | HUTTON HALL

Please join The Barnabas Legacy Society and The Pastoral Care Team to investigate ways of passing along our dreams, hopes, desires, and experiences to our children, both young and old, through the understanding and expression of our personal values. We all feel our values in our bones, but it's not always easy to put them into words. This workshop starts you on the path of articulating your values (and how you live them out) to the people most important in your life. This is the greatest legacy we can leave our children—a sense of deep and abiding values to guide them through their own lives. Whether expressed in written or oral communications, or especially in quiet examples, values reveal, characterize, and encapsulate our essential selves to those we will eventually leave behind.

Comprehending your own values while your children are young will also give you a consistent place to return to as you help them understand why your family functions like it does and help them to understand that they can and should understand their own values as well. **Join us!**

Childcare available (please RSVP to **Phyllis Rector** at *psrector@gmail.com* if you would like care), and lunch is provided to all.

THANKSGIVING DINNER 🍋 THURSDAY, NOVEMBER 28 | 2PM | HUTTON HALL



boundless Presence

Need someplace to be together with others on Thanksgiving? Join us at Saint Barnabas! The church provides turkey, mashed potatoes, gravy, and beverages along with fancy table settings! You bring a side dish or dessert to share! Sign up on the website, through the church office or on the patio on Sunday mornings. ALL INVITED—Reservations required so we have enough turkey! Invite friends and family for this special celebration! Sign up: *saintbarnabas.org/thanksgiving*

Save these Holiday Dates!



Dinner with Saint Nick Sunday, December 1, 4-6 pm *saintbarnabas.org/saint-nick*



Advent Lessons & Carols Saturday, December 7, 4 pm saintbarnabas.org/advent-lessons



The Longest Night Saturday, December 21, 7 pm saintbarnabas.org/longest-night



Christmas Worship December 24, 3pm pageant, 5pm, 8pm, 11pm (Choir Concerts at 7:30 & 10:30pm)

December 25, 10:15am

What is Education for Ministry (EfM)?

EfM is a discussion-based learning opportunity that aims to deepen one's knowledge and understanding of scripture and, in so doing, become comfortable with thinking theologically. EfM is not restricted to the study of the Bible but engages each seminar participant in shared spiritual and theological reflection.

Saint Barnabas has been hosting **EfM** groups for over 20 years. It provides an excellent pathway in developing theologically informed, reflective, and articulate laity who are attuned to hear and respond to God's call.

The reading material offers perspectives on the entire sweep of the Christian tradition and development from its Old Testament roots to its position in the world today: Biblical explanation and interpretation, theological and philosophical development, church history, ethics, liturgy, and spirituality.

Seminar groups of six to twelve members meet for 36 weeks per year under the guidance of mentors trained to facilitate group discussions. Participants share their insights and wisdom discovered on their **EfM** journey, and in this way, each member of the group is enriched by the others in the group.

Please contact Tom Hott (480-216-0278 / thomasvhott@gmail.com) for more information about EfM and for enrollment opportunities for January 2020. www.saintbarnabas.org/efm



SAGES THURSDAY, NOVEMBER 21 | 11:30AM | HUTTON HALL

SAGES is a group that is open to all parishioners. Each month during the academic year we meet over lunch (a \$5.00 offering is requested) and host a speaker. This month's program will feature 40+ year Saint Barnabas member the Honorable Ann Timmer, Arizona Supreme Court Justice, who will talk about her journey to the state's highest judicial branch. Don't miss it as we hear from one of our own!

COPING WITH THE HOLIDAYS: GRIEF CIRCLE SUNDAYS FROM 12:00-1:15 PM | NOV 17, 24, DEC 1, AND 15 | SAINT BARNABAS

A four-week program to offer grief support for those who have experienced the death of a loved one or other significant loss within the last two years. The sessions will focus on recovery and support in all areas of our being: physical, emotional, spiritual, and social, with a special focus on coping with the holidays while grieving. To register, please contact: Joyce Vidal-Thornburg: *jvidal460@gmail.com*

CALENDAR | NOVEMBER 2019

NOV 3	Mental Health Task Force	11:45 am
NOV 3-9	East Valley Men's Center sandwich making	7 am
NOV 7	Worship at Westminster Village	10 am
NOV 9	Quiet Day	9:30 am
NOV 10	Gratitude Sunday – pledge ingathering	
	Emergency Food Packs	11:30am
NOV 11	Veterans Day – parish office open	
NOV 12	MOPS + MOMSNEXT	9:30 am
NOV 14-17	Centering Prayer retreat – Tucson	
NOV 16	Order of St. Luke	10 am
NOV 16-17	JAM (Jesus & Me) overnight	4 pm
NOV 17	Serving Phoenix	11:30 am
	Faithful Living, Faithful Legacy	11:45 am
NOV 21	Book Club, Educated (Westover)	9:30 am
	SAGES	11:30 am
NOV 24	Newcomer Lunch at Wildflower Bread Co.	12 pm
NOV 26	MOPS + MOMSNEXT	9:30 am
NOV 28	Thanksgiving Day worship service	10:15 am
	Thanksgiving dinner	2 pm
NOV 29	Parish office closed	

RITES OF PASSAGE

Deaths John Peter Barnes III Marilyn Copeland Elizabeth Hadley Fillpot

FALL SILENT RETREAT NOVEMBER 14-17 | REDEMPTORIST RENEWAL CENTER | TUCSON AZ



The purpose of this retreat, facilitated by Liza Bell, is to assist the participants in entering into a more intimate silence in a nurturing, supportive environment that combines both solitude and community. It is designed for those with some experience of Centering Prayer, or similar daily practice of silence/meditation. Each day include three periods of Centering Prayer and walking meditation. Silence is honored throughout the day, giving participants a sacred place to attend to the longings of their heart and welcome God's healing presence. A place for joy and renewal, the retreat includes ample time to walk the labyrinth, explore the beauty of the desert, read, journal, or simply rest. Spiritual direction and massage are available by appointment. To register, contact **Debbie Moore** at: (508) 942–8953 or *deb.j.moore@gmail.com*

SERVING PHOENIX SUNDAY, NOVEMBER 17 | HUTTON HALL KITCHEN

Led by our youth, together we will serve homeless persons living in downtown Phoenix. From 9-10am we prepare the food in the Hutton Hall kitchen, and then meet again after church in the kitchen to carpool downtown. No experience necessary. All are welcome. Learn more by contacting:

Kate Fimbres at: kate@saintbarnabas.org or saintbarnabas.org/serving-phoenix-nov





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Scottsdale, AZ 85253-4344

6715 North Mockingbird Lane

Saint Barnabas on the Desert The Episcopal Parish of **ЕРІЗСОРА**Ц СНИВСН