

The 10:21am

A Contemplative Worship Service



SAINT BARNABAS  
EPISCOPAL CHURCH

## Boundless Presence

The Second Sunday of Advent  
December 8, 2019

**Welcome** to a time for peace and renewal. We invite you, for this hour, to set aside the worries that clutter your mind. Allow your mind and heart to sink deeply into prayer. You won't need to stand until we exchange the Peace. In the silence we'll share, we encounter the boundless Presence from whom our truest self emerges. In the silence this Presence empowers us afresh to be who we were created to be.

Please silence your cell phones & electronic devices.

## THINGS TO KNOW

All ages are invited to receive communion. Children's Chapel is available for ages 3+ to age 12, participating in age-appropriate worship in the Chapel for the first half of the service. Toddler Time for ages 18 months to 3+ is available in the Children's Center. Your children will join you at Communion. Nursery care is available in the Sanctuary building for ages 0 to 18 months. An usher will be happy to show you where to go. To learn more about Saint Barnabas, please visit us at [www.saintbarnabas.org](http://www.saintbarnabas.org). Thank you for being here.

### STAFF

**The Rev. Tara Bartholomew**, *Deacon*  
**The Rev. Pam Bell**, *Deacon*  
**The Rev. Robert Berra**, *Associate*  
**The Rev. Jim Clark**, *Rector/Senior Pastor*  
**Amy DeCaussin**, *Communications Manager*  
**Krys Estabrooks**, *Facilities and Program Administrator*  
**Kate Fimbres**, *Minister for Youth and Parish Life*  
**The Venerable Sarah Getts**, *Deacon*  
**Ann Hott**, *Director of Operations*  
**Sorrelle Kobi**, *Finance Controller*  
**Paul Lee**, *Director of Music Ministry*  
**Faith Long**, *Parish Secretary*  
**The Rev. Susie Parker**, *Deacon*  
**Sarah Petersen**, *Director of Children's Ministries*  
*sarahp@saintbarnabas.org*  
**The Rev. Elizabeth Roles**, *Associate*  
**Michael Salazar**, *Assistant Organist*  
**Katie Vinger**, *Assistant to the Rector*  
**The Rev. Erika von Haaren**, *Vicar*

*To contact a staff member, please call the church office at 480-948-5560, or email them by typing [staff member's first name]@saintbarnabas.org.*

**Assistive Listening Devices are available. Please ask an usher for assistance.**

### PRAY FOR OUR SERVICEMEN & WOMEN

Connor Bell, Phillip Ellis, Lukas Feury, Woody Francis, Josh Garber, Amanda Gilbert, Roy Hill, Philip Krein, Juston Kuch, Michael LaTemp, Grant MacWilliam, Stacy Madson, Jake Nuss, Dare O'Ravitz, Tara Refo, Jonathan Stedelin, Jake Jay Tilley, Dean Tomlinson, Chris Walters, CJ Walters and Nicholas Wessman.

### LET US PRAY TO GOD

Comfort and heal all those who suffer in body, mind, or spirit. Today we pray for Kim Allard, Carrie Belshe, Ronnie Blevin, Bud Brown, Ellis Clark, Lynne Duke, Wick Elderkin, Karen Elliot, Danny Gormley, John Gulick, Jerry Harden, Madeleine Jeffrey, Kelli Johnston, Carli Larsen, Chris Lawrence, Paul Lee, Deanna McNeilly, Sarah Nolte, Nikki Sabatino, Adriana Semko, Ethel Sickert, Mark Suthers, Eldred Thierstein, Dean Vidal, Margaret Wood. Bless and keep all your people.

### WE CONTINUE TO PRAY FOR

Andrea, Robert Beardsley, Florence Blankenship, Marilyn Boyd, Steve Branson, Hazel Brown, Elaine Bryant, Larry Bullen, Candyce, Gwen Carlson, Betty Carr, Carolyn, Michael Dorn, Erin Ennis, Marjorie Fenton, Barbara Ferguson, Cheryl Fife, Joe Fisher, Angela Fout, Ann Francis, Diane Franssen, Judy Giffin, Brad Good, Grant, Tori, Maria Gonzalez, Caletta Goodkind, Janet Hand, Rich Hand, Skye Hanna, Elizabeth Hepworth, Alison Herf, Joyce Hill, Lev Hubbard, Peggy Huff, Jim Jamieson, John, Lynda, Anders, Abeni Jackson, Beebe Rae Jennings, Jerry, Douglas Kelley, Jane Kincaid, Barbara Klein, Edithanne Knight, Ann Kough, Sue Krueger, Nathan Linman, Jack Lloyd, Peggy MacMillan, Barbara Marsh, John David Maxwell, McLennan Maxwell, Jack McDougall, Mildred Merring, Althea Monson, Ann, Billie and Annie Montross, Dave Patton, Fran Patton, Terry Petersen, Alice Prybycin, John Rauguth, Greg Rhodes, Phyllis Rocker, Bill Rush, Ruth Rush, Rita Kay Ryan, Steve See, Mike Sellars, Frank Seekins, Eric Shenefield, Maria Shenk, Emily Shriver, Gina Strawbridge, Ryleigh Stromberg, Robert Welsh, Darlene Wheeler, Thomas Wilson.

### BIRTHDAYS THIS WEEK

Harriet Bigham, Clint Clarke, Danny Collier, Charles W. Colmark, Manny Fimbres, Harvey Hart, Denny Johnson, Barbara Loving, Jack Mattingly, Liam Menousek, Michael Merring, Connor Phelps, Bob Pye, Kathy Ritt, Katrina Schaefer, Nixon Schaefer, Patrick Schneider, Conner Semko, Alex Shivers, Lelia Symington.

# A Contemplative Eucharist

Remain Seated.

## Prelude

Adagio *from* Sonata 2  
Connie Trujillo, Rudy Trujillo

Benedetto Marcello

First time Cantor, then congregation joins in singing three times.

## Opening Chant

Strength and Beauty

Linda Larkin

Strength and beauty are in your sanctuary,

strength and beauty.

D Emin7 F#min7 Emin7

## Gathering Prayer

Celebrant Let us pray together.

People **Almighty God to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

## Advent Wreath Lighting

Light Two Candles To Watch For Messiah  
Traditional Yiddish Folk Tune, Words by Wayne L. Wold

*First time Cantor, then congregation joins in singing three times.*



Light two can-dles to watch for Mes-si-ah: let the light ban-ish dark-ness.  
He shall feed the flock like a shep-herd, gent-ly lead them home-ward.

## The First Reading

Isaiah 11: 1-10

Reader A reading from the Book of the Prophet Isaiah.

<sup>1</sup>A shoot shall come out from the stock of Jesse, and a branch shall grow out of his roots. <sup>2</sup>The spirit of the LORD shall rest on him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the LORD. <sup>3</sup>His delight shall be in the fear of the LORD. He shall not judge by what his eyes see, or decide by what his ears hear; <sup>4</sup>but with righteousness he shall judge the poor, and decide with equity for the meek of the earth; he shall strike the earth with the rod of his mouth, and with the breath of his lips he shall kill the wicked. <sup>5</sup>Righteousness shall be the belt around his waist, and faithfulness the belt around his loins. <sup>6</sup>The wolf shall live with the lamb, the leopard shall lie down with the kid, the calf and the lion and the fatling together, and a little child shall lead them. <sup>7</sup>The cow and the bear shall graze, their young shall lie down together; and the lion shall eat straw like the ox. <sup>8</sup>The nursing child shall play over the hole of the asp, and the weaned child shall put its hand on the adder's den.

<sup>9</sup>They will not hurt or destroy on all my holy mountain; for the earth will be full of the knowledge of the LORD as the waters cover the sea. <sup>10</sup>On that day the root of Jesse shall stand as a signal to the peoples; the nations shall inquire of him, and his dwelling shall be glorious.

Reader Here Ends the Reading.

## Silence

*Upon hearing the bell, we will enter into a 4-minute silent 'sit'. We recommend sitting straight with both feet on the floor, eyes closed, hands resting gently in your lap. Notice your breathing and allow the silence to rise around you. When thoughts distract you from your silence, acknowledge them and let them pass by you...like seeing a boat moving down a river. The bell will tone again at the end of this sit.*

## The Gospel Reading

Luke 1: 39-56

Reader A Reading from the Gospel of Luke.

<sup>39</sup> In those days Mary set out and went with haste to a Judean town in the hill country, <sup>40</sup> where she entered the house of Zechariah and greeted Elizabeth. <sup>41</sup> When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit <sup>42</sup> and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. <sup>43</sup> And why has this happened to me, that the mother of my Lord comes to me? <sup>44</sup> For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. <sup>45</sup> And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord." And Mary said,

"My soul magnifies the Lord,  
<sup>47</sup> and my spirit rejoices in God my Saviour,  
<sup>48</sup> for he has looked with favour on the lowliness of his servant.  
Surely, from now on all generations will call me blessed;  
<sup>49</sup> for the Mighty One has done great things for me, and holy is his name.  
<sup>50</sup> His mercy is for those who fear him from generation to generation.  
<sup>51</sup> He has shown strength with his arm;  
he has scattered the proud in the thoughts of their hearts.  
<sup>52</sup> He has brought down the powerful from their thrones,  
and lifted up the lowly;  
<sup>53</sup> he has filled the hungry with good things, and sent the rich away empty.  
<sup>54</sup> He has helped his servant Israel, in remembrance of his mercy,  
<sup>55</sup> according to the promise he made to our ancestors,  
to Abraham and to his descendants for ever."

<sup>56</sup> And Mary remained with her for about three months and then returned to her home.

Reader Here Ends the Reading of the Gospel.

## Silence

*This is a 4-minute period of silence*

## Sermon

The Rev. Jim Clark

## Silence

*This is a 4-minute period of silence*

## Prayers of the People

First time cantor then congregation joins in singing one time, and all in unison after each petition.

Musical score for 'Prayers of the People' in 4/4 time, F major. The score consists of three staves of music with lyrics underneath. The lyrics are: 'Sing out my soul, sing out my soul, sing out my soul, my heart re-joic - es in the Lord! Sing out my soul, sing out my soul, sing out my soul, my heart re - joic - es!' The chords are: C7, F, Bb, C7, F, Bb, C7, F.

Cantor: We rejoice with all your servants for you always remember your promise of mercy. **Sing out my soul.**

Cantor: We rejoice for all the nations of the earth for you lift up the lowly and fill the hungry with good things. **Sing out my soul.**

Cantor: We pray for the sick, the fearful and the poor that you come to the help of your people. **Sing out my soul.**

Cantor: We rejoice for those who now dwell with you in your heavenly kingdom. **Sing out my soul.**

Cantor: We rejoice as the birth of Jesus draws near; like Mary our hearts are filled with glad tidings and joy. **Sing out my soul.**

All

Musical score for 'Amen' in 4/4 time, F major. The score consists of one staff of music with the lyrics 'A - men.' underneath.

## The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

## Community Announcements

### The Offertory

### The Bidding

Celebrant: Let us with gladness offer ourselves and the fruits of our life and labor to our God—from whom, through whom, and to whom are all things. *And let us remember the words of scripture: "Everything comes from you, and we have given you only what comes from your hand."*

## Music at the Offertory

Breathe On Me Breath Of God

Robert Jackson, arr. by Mark Hayes

You may remain seated.

### The Holy Eucharist

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us lift our hearts in thanksgiving and praise as we say:

All: **Holy, Holy, Holy Lord, God of power and might. Heaven and earth are full of your glory, Hosanna in the highest. Blessed is the One who comes in the name of the Lord. Hosanna in the highest.**

### Silence

Celebrant: Holy God, in love, you made us for yourself. To show us the way, you sent Jesus Christ to live and die as one of us. Jesus rose to new life, so that we may know your boundless Presence. **Silence**

Celebrant: In the holy meal that we continue to share, Jesus said: This is my Body given for you. This is my Blood shed for you. **Silence**

Celebrant: Sanctify these gifts by your Holy Spirit and awaken your wondrous Spirit among us so that we may be the body of Christ for the world.

All:



### The Lord's Prayer

Celebrant: And now as our Savior Christ has taught us, we are bold to pray:

All **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### The Fraction

Celebrant: We break this bread to share in the Body of Christ.

People: **We who are many are one body, for we all share in the one bread.**

### The Communion of the People

*All are invited to receive the bread and wine. Receive the bread in your cupped hands and then either guide the cup to your mouth to drink the wine or dip the wafer into the wine. Gluten-free wafers are available upon request.*

## Music at Communion

Sheep May Safely Graze

J.S. Bach, arr. John W. Schaum

Please stand.

**Song of Thanksgiving**

Let All Who Are Thirsty, Come

Taize Community

Let all who are thirst-y, come. Let all who wish, re-ceive the

The first system of musical notation consists of a treble and bass staff. The treble staff has a key signature of one sharp (F#) and a time signature of 4/4. The bass staff has a key signature of two sharps (F# and C#) and a time signature of 4/4. The music is in a simple, homophonic style with a steady pulse.

wa - ter of life free - ly. A - men, come, Lord

The second system of musical notation continues the melody and accompaniment. It features a treble and bass staff with the same key signature and time signature as the first system. The lyrics are aligned with the notes in the treble staff.

Je - sus. A - men, come, Lord Je - sus.

The third system of musical notation concludes the piece. It features a treble and bass staff with the same key signature and time signature. The lyrics are aligned with the notes in the treble staff. The piece ends with a double bar line and repeat dots.

**The Blessing**

**Dismissal**

**Postlude**

Aspiration, Op. 100, No. 15

A. Croisez  
arr. by John W. Schaum