

CONTEMPLATIVE LIFE

AT SAINT BARNABAS ON THE DESERT, DECEMBER 2019

WINTER CALENDAR

Contemplative Worship Service with Healing Prayer and Holy Eucharist, Sundays at 10:21 am in the Music Center. No 10:21 service on December 29.

Quiet Days in the Sanctuary, Saturdays, January 11 and March 14.

Weekly Centering Prayer groups. (All meet in the Chapel.): Monday evenings, 7-8:30 pm; Tuesday mornings, 9-10:30 am; and Tuesday evenings, 7-8:30 pm. All groups take a holiday break from December 23-31, resuming the week of January 6.

“Coming to Peace: Mind, Body & Spirit,” day-long retreat featuring Br. Michael Gallagher, OSB. Saturday, February 22, 8:30 am-5 pm. \$45 registration fee. Register online at saintbarnabas.org/comingtopeace.

Spring Silent Directed Retreat with Rev. Jim Clark, March 19-22, 2020. Registration opens January 23.

The Enneagram with Fr. Richard Rohr. Wednesdays, January 29 – March 25, 7-8:30 pm. To register, contact Susan Pietzsch, susanbloomin@cox.net, 480-228-1570.



CELEBRATE CHRISTMAS AT SAINT BARNABAS

All are invited to celebrate with us at Saint Barnabas on the Desert this Christmas season. Our Sunday 10:21 contemplative worship in the Music Center will feature The Saint Barnabas String Quartet on December 15 and harpist Karen Miller on December 22 and January 5. (Please note that there will be no 10:21 service on December 29.)

Christmas Eve Festive Worship in the Sanctuary will begin at 3 pm with the Children’s Pageant and Worship and continue with services at 5 pm, 8 pm, and 11 pm. Christmas Eve Concerts will be performed at 7:30 pm and 10 pm. On Christmas Day, Festive Worship with Holy Eucharist will be celebrated at 10:15 am.

The Longest Night, a worship service with contemplative music, Holy Communion, and a candle-lighting ritual for personal memorials of loss, offers those with grief and sadness at Christmas a sacred space for kindling light in the darkness. Saturday, December 21 at 7 pm.

To mark the feast of the Epiphany, the Saint Barnabas Singers and special guests will perform the 12th Night Concert on Sunday, January 5, at 6 pm. All are welcome.

CENTERING PRAYER GROUP HOLIDAY SCHEDULES



All three Saint Barnabas weekly Centering Prayer groups will be taking holiday breaks this season. See below for details.

Monday evenings, 7:00–8:30. Facilitator: Liza Bell, lizabell@cox.net, 602-527-6161. No meetings December 23 or 30. Group resumes January 6.

Tuesday mornings, 9:00–10:30. Facilitator: Suzy Dodds, suzydodds@gmail.com, 480-390-4364. Through December 17: *Conspire 2017 Series: Transformation*. No meetings December 24 or 31. Group resumes January 7.

Tuesday evenings, 7:00-8:30. Facilitator: Deb Moore, deb.j.moore@gmail.com, 508-942-8953. December 17: a segment from *The Mind of Christ* with James Finley. No meetings December 24 or 31. Group resumes

THE ENNEAGRAM and SPIRITUAL DISCERNMENT

Featuring Fr. Richard Rohr

Wednesday Evenings, January 29 – March 25
7:00 - 8:30 pm in the Chapel



the
Enneagram

The Enneagram is a powerful tool for self-discovery and spiritual transformation, especially when used in conjunction with a practice of contemplation. It can help us uncover the traps that keep us from living fully and using our unique, authentic gifts for the good of others and the world. Taught from a Christian perspective, this video series will introduce the Enneagram and its nine distinct personality types, each with its own gifts, passions, and opportunities for growth. Each session will build upon the previous week's teachings. There are no prerequisites, and no homework is required. Registration will be open January 3-23. To register, contact Susan Pietzsch at susanbloomin@cox.net or call the church office, 480-948-5560.

[W]e are called by God, to open to a new reality that is our true Self. . . the image and likeness of God. The path to this true Self and all its fruits and gifts is the challenge of becoming fully human. And to become fully human is to become fully divine. This is the fullness of life itself, a life abiding in the grace and truth of Christ, while at the same time, fully being the unique person you are. –Fr. Thomas Keating



COMING TO PEACE: MIND, BODY & SPIRIT

A Day of Retreat, Reflection, Learning & Fellowship

Featuring Br. Michael Gallagher, OSB

Saturday, February 22, 2020

8:30 am – 5:00 pm, Saint Barnabas

Come to peace and a thousand around you will be saved.

—Saint Seraphim, 18th century Russian staretz

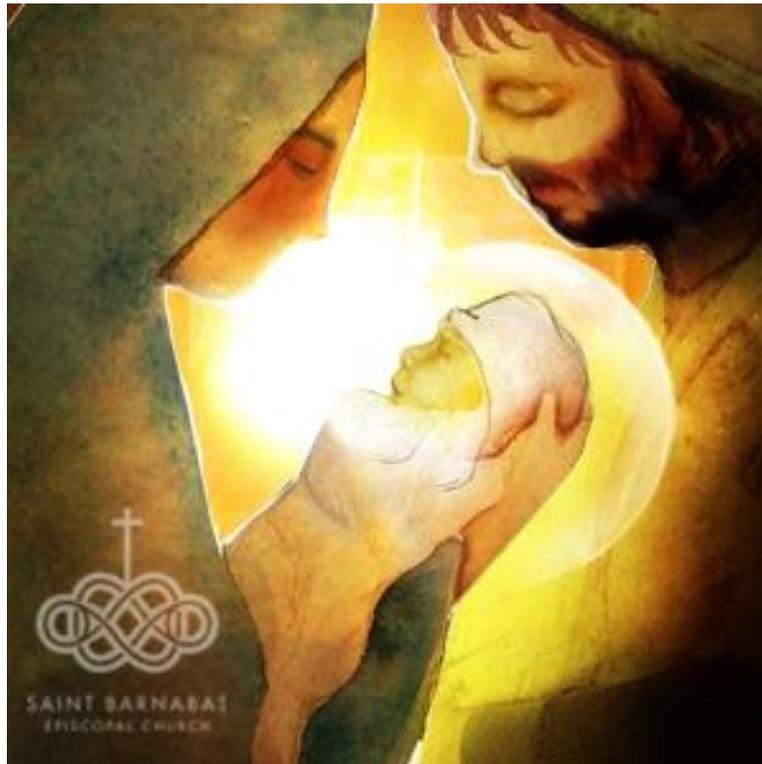
If we can be at peace within ourselves – mind, body, and spirit – we can begin to offer our best, whole selves in service to God and one another.

This concept is at the heart of a program that will be hosted by our Saint Barnabas Community of Hope (COH) lay pastoral care ministry team and clergy advisor, The Rev. Elizabeth Roles, on Saturday, February 22, 2020.

The program features Benedictine monk and Community of Hope International Board Member, Br. Michael Gallagher, OSB, a retreat leader and presenter on topics including spiritual direction, music, prayer, lectio divina, and Benedictine life and spirituality. The day will include a variety of workshops from which attendees may choose, each highlighting a different means of seeking and achieving personal peace. Made possible in part through a grant from the Lilly Endowment Clergy Renewal Program, this workshop will serve as a kick-off to a season of “Coming to Peace” activities in our contemplative and Community of Hope ministries.

Registration is \$45 and includes continental breakfast and lunch. All are welcome; register early as space is limited. To register, and for more information, please visit our website: saintbarnabas.org/comingtopeace.

Community of Hope is a pastoral care model based on Benedictine Spirituality. The program builds a community of caregivers who are united in prayer and worship and shaped by the common practices and ethos of the Rule of Benedict. Parishes all over the country have implemented this program to equip and deploy lay ministers to meet the varied pastoral needs in their communities: loss, grief, aging, life transitions, loneliness...to name a few. For more information, or to get involved, contact Rev. Elizabeth Roles at elizabeth@saintbarnabas.org.



What can I give Him, poor as I am?
If I were a shepherd, I would bring a lamb;
If I were a Wise Man, I would do my part;
Yet what I can I give Him: give my heart.

–From “In the Bleak Midwinter” by Christina Rossetti

Saint Barnabas on the Desert
Episcopal Church
6715 North Mockingbird Lane
Scottsdale AZ 85253 480-948-5560
[https://www.saintbarnabas.org/
ministries/contemplative-life/](https://www.saintbarnabas.org/ministries/contemplative-life/)



Contemplative Life Ministry Team:
The Rev. Jim Clark, Liza Bell, Ann Hott,
Debbie Moore, Susan Pietzsch, Mary
Stone, Joyce Vidal-Thornburg, Patrick
Vaugh