Ephesians 4:1-3 paraphrased

I urge you, therefore, to walk worthily of the calling with which you have been called, with all humility, modesty, gentleness, and meekness, bearing with one another in love; endeavoring, being zealous, in eagerness making every effort to keep the unity of the Spirit in the bond of peace.

Ephesians 2:14-16

For Christ is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, in order that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it.

Ephesians 3:14-15

I bow my knees before the Father from whom every family (tribe or social grouping) in heaven and on earth derives its name.

John 10:30

The Father and I are one.

John 17:11

... that they may be one, as we are one.

John 1:1 and 18

In the beginning was the Word, and the Word was toward God, and the Word was God. ... No one has seen God at any time; the only Begotten God who exists into the bosom of the Father has revealed God.

Real Questions for Pondering

What is unity?

Where does unity come from?

How do we live in unity or into unity?