Quiet Day 12 November 2022

Preparing for Advent

9:30 - 9:40 Introduction

9:40 - 10:40 First Conference

9:40 - 9:55 First session of reflections on the theme of the day

9:55 - 10:18 First session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!

10:20 - 10:40 First session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)

[Enter silently from 10:18 to 10:20. At 10:20 we will intone the bell and begin silent prayer.]

10:40 - 11:40 Second Conference

10:40 - 10:55 Second session of reflections on the theme of the day

10:55 - 11:18 Second session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!

11:20 - 11:40 Second session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)

[Enter silently from 11:18 to 11:20. At 11:20 we will intone the bell and begin praying.]

11:40 - 12:00 Third Conference

11:40 - 11:55 Third session of reflections on the theme of the day

11:55 - 12:18 Third session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!

12:20 - 12:40 Third session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)

[Enter silently from 12:18 to 12:20. At 12:20 we will intone the bell and begin praying.]

12:40 - 1:00 Eucharist. All are welcome.

**Preparing for Advent**

Today’s Quiet Day, two weeks before Advent, offers a perfect time to prepare ourselves for the new liturgical year. We will deepen into the meaning of Advent and explore quiet moments in Advent scripture as inspiration for our own quiet time with God. The day will include harp music.

First Conference: Zechariah

Luke 1:8 Once when he was serving as priest before God during his section’s turn of duty, 9 he was chosen by lot, according to the custom of the priesthood, to enter the sanctuary of the Lord to offer incense. 10 Now at the time of the incense offering, the whole assembly of the people was praying outside. **11 Then there appeared to him an angel of the Lord, standing at the right side of the altar of incense. 12 When Zechariah saw him, he was terrified, and fear overwhelmed him.** 13 But the angel said to him, “**Do not be afraid, Zechariah, for your prayer has been heard.** Your wife Elizabeth will bear you a son, and you will name him John. 14 You will have joy and gladness, and many will rejoice at his birth, 15 for he will be great in the sight of the Lord. He must never drink wine or strong drink; even before his birth he will be filled with the Holy Spirit. 16 He will turn many of the people of Israel to the Lord their God. 17 With the spirit and power of Elijah he will go before him, to turn the hearts of parents to their children and the disobedient to the wisdom of the righteous, to make ready a people prepared for the Lord.” 18 Zechariah said to the angel, **“How can I know that this will happen?** For I am an old man, and my wife is getting on in years.” 19 The angel replied, “I am Gabriel. I stand in the presence of God, and I have been sent to speak to you and to bring you this good news. 20 But now, **because you did not believe my words, which will be fulfilled in their time, you will become mute, unable to speak, until the day these things occur.”**

Luke 1:63 He asked for a writing tablet and wrote, “His name is John.” And all of them were amazed. **64 Immediately his mouth was opened and his tongue freed, and he began to speak, praising God.**

Second Conference: Mary

Luke 1:26 In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, 27 to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin’s name was Mary. 28 And he came to her and said, “Greetings, favored one! The Lord is with you.” 29 **But she was much perplexed by his words and pondered what sort of greeting this might be.** 30 The angel said to her, “**Do not be afraid, Mary, for you have found favor with God.** 31 And now, you will conceive in your womb and bear a son, and you will name him Jesus. 32 He will be great and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. 33 He will reign over the house of Jacob forever, and of his kingdom there will be no end.” 34 Mary said to the angel, **“How can this be, since I am a virgin?”** 35 The angel said to her, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born[d] will be holy; he will be called Son of God. 36 And now, your relative Elizabeth in her old age has also conceived a son, and this is the sixth month for her who was said to be barren. 37 For nothing will be impossible with God.” 38 **Then Mary said, “Here am I, the servant of the Lord; let it be with me according to your word.”** Then the angel departed from her.

Luke 2:16 So they went with haste and found Mary and Joseph and the child lying in the manger. 17 When they saw this, they made known what had been told them about this child, 18 and all who heard it were amazed at what the shepherds told them, 19 and **Mary treasured all these words and pondered them in her heart**. 20

Third Conference: Joseph

Matthew 1:18 Now the birth of Jesus the Messiah took place in this way. When his mother Mary had been engaged to Joseph, but before they lived together, she was found to be pregnant from the Holy Spirit. 19 Her husband **Joseph, being a righteous man and unwilling to expose her to public disgrace, planned to divorce her quietly.** 20 But just when he had **resolved** to do this, an angel of the Lord appeared to him in a dream and said, “**Joseph, son of David, do not be afraid to take Mary as your wife, for the child conceived in her is from the Holy Spirit.** 21 She will bear a son, and you are to name him Jesus, for he will save his people from their sins.” 22 All this took place to fulfill what had been spoken by the Lord through the prophet:: 23 “Look, the virgin shall become pregnant and give birth to a son, and they shall name him Emmanuel,” which means, “God is with us.” 24 **When Joseph awoke from sleep, he did as the angel of the Lord commanded him; he took her as his wife 25 but had no marital relations with her until she had given birth to a son, and he named him Jesus.**