

# Quiet Day 10 June 2023

## The Grace of Pentecost

9:30 - 9:40 **Introduction**

9:40 - 10:40 **First Conference**

9:40 - 9:55 First session of reflections on the theme of the day

9:55 - 10:18 First session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

10:20 - 10:40 First session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)

[Enter silently from 10:18 to 10:20. At 10:20 we will intone the bell and begin silent prayer.]

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10:40 - 11:40 **Second Conference**

10:40 - 10:55 Second session of reflections on the theme of the day

10:55 - 11:18 Second session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

11:20 - 11:40 Second session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)

[Enter silently from 11:18 to 11:20. At 11:20 we will intone the bell and begin praying.]

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11:40 - 12:00 **Third Conference**

11:40 - 11:55 Third session of reflections on the theme of the day

11:55 - 12:18 Third session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

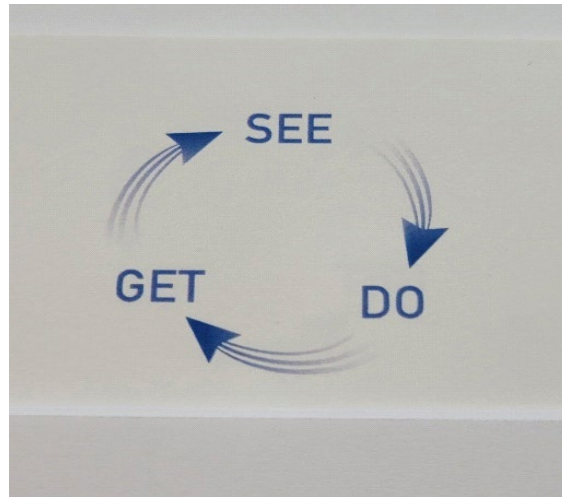
12:20 - 12:40 Third session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)

[Enter silently from 12:18 to 12:20. At 12:20 we will intone the bell and begin praying.]

12:40 - 1:00 Eucharist. All are welcome.

### **The Grace of Pentecost**

The outpouring of the Holy Spirit into our hearts and minds makes us one with God and all that is. This is the grace of Pentecost, grace upon grace. It empowers us to live ordinary life extraordinarily, radiating the fragrance of Divine Presence to all we meet. Today's Quiet Day will explore *how* we live into this grace.



### **The Incarnation**

The Christmas-Epiphany (Advent)

### **Resurrection**

Easter-Ascension (Lent/Passion/Crucifixion)

### **Pentecost**

Pentecost-Ordinary Time (The Season of Easter)

**Silence > Unity/Oneness**

**Listening > Participatory/Collective Consciousness**

**Seeing from Oneness/Collective Consciousness**

Non-binary consciousness