

Quiet Day 13 January 2024

Lead Us Not into Temptation

9:30 - 9:40 Introduction

9:40 - 10:40 First Conference

9:40 - 9:55 First session of reflections on the theme of the day

9:55 - 10:18 First session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

10:20 - 10:40 First session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)

[Enter silently from 10:18 to 10:20. At 10:20 we will intone the bell and begin silent prayer.]

10:40 - 11:40 Second Conference

10:40 - 10:55 Second session of reflections on the theme of the day

10:55 - 11:18 Second session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

11:20 - 11:40 Second session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)

[Enter silently from 11:18 to 11:20. At 11:20 we will intone the bell and begin praying.]

11:40 - 12:00 Third Conference

11:40 - 11:55 Third session of reflections on the theme of the day

11:55 - 12:18 Third session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

12:20 - 12:40 Third session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)

[Enter silently from 12:18 to 12:20. At 12:20 we will intone the bell and begin praying.]

12:40 - 1:00 Eucharist. All are welcome.

Lead Us Not into Temptation

Many have struggled with this petition. How could God lead us into temptation, we ask, and often quote James 1:13, Let no one say when he is tempted, “I am tempted by God,” for God cannot be tempted by evil, and he himself tempts no one. Today we’ll look at this petition in the light of Jesus’ example and teaching.

The Lord’s Prayer

Father of us who dwells in the heavens,
Let your name be hallowed [[considered holy]],
Let your kingdom come,
Let your will be done,
 as in heaven also on earth.
Give us this day the *epiousion* (of the Spirit) bread,
And forgive us our debts,
 as we ourselves have forgiven our debtors.
And lead us not into temptation,
 but rescue us from evil.

Matthew 3:13—4:11

3:13 Then Jesus came from Galilee to John to be baptized by him in the Jordan River. ¹⁴ But John tried to prevent him, saying, “I need to be baptized by you, and yet you come to me?” ¹⁵ So Jesus replied to him, “Let it happen now, for it is right for us to fulfill all righteousness.” Then John yielded to him. ¹⁶ After Jesus was baptized, just as he was coming up out of the water, the heavens opened and he saw the Spirit of God descending like a dove and coming to rest on him. ¹⁷ And a voice from heaven said, “This is my one dear Son; in him I take delight.”

4:1 Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. ² After he fasted forty days and forty nights he was famished. ³ The tempter came and said to him, “If you are the Son of God, command these stones to become bread.” ⁴ But he answered, “It is written ‘**Man does not live by bread alone, but by every word that comes from the mouth of God.**’” ⁵ Then the devil took him to the holy city, had him stand on the highest point of the temple, ⁶ and said to him, “If you are the Son of God, throw yourself down. For it is written, ‘**He will command his angels concerning you and with their hands they will lift you up, so that you will not strike your foot against a stone.**’” ⁷ Jesus said to him, “Once again it is written: ‘**You are not to put the Lord your God to the test.**’” ⁸ Again, the devil took him to a very high mountain, and showed him all the kingdoms of the world and all their grandeur. ⁹ And he said to him, “I will give you all these things if you throw yourself to the ground and worship me.” ¹⁰ Then Jesus said to him, “Go away, Satan! For it is written: ‘**You are to worship the Lord your God and serve only him.**’” ¹¹ Then the devil left him, and angels came and began ministering to his needs.

Mark 8:31-38

8:31 Then Jesus began to teach them that the Son of Humanity must suffer many things and be rejected by the elders, chief priests, and experts in the law, and be killed, and after three days rise again. ³² He spoke openly about this. So Peter took him aside and began to rebuke him. ³³ But after turning and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan. You are not setting your mind on God’s interests, but on man’s.”

8:34 Then Jesus called the crowd, along with his disciples, and said to them, “If anyone wants to become my follower, he must deny himself, take up his cross, and follow me. ³⁵ For whoever wants to save

his life will lose it, but whoever loses his life because of me and because of the gospel will save it. ³⁶ For what benefit is it for a person to gain the whole world, yet forfeit his life: ³⁷ What can a person give in exchange for his life? ³⁸ For if anyone is ashamed of me and my words in this adulterous and sinful generation, the Son of Humanity will also be ashamed of him when he comes in the glory of his Father with the holy angels.”