

Quiet Day 12 October 2024

EXPANDING OUR IMAGES OF GOD

9:30 - 9:40 **Introduction**

9:40 - 10:40 **First Conference**

9:40 - 9:55 First session of reflections on the theme of the day

9:55 - 10:18 First session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

10:20 - 10:40 First session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)
[Enter silently from 10:18 to 10:20. At 10:20 we will intone the bell and begin silent prayer.]

10:40 - 11:40 **Second Conference**

10:40 - 10:55 Second session of reflections on the theme of the day

10:55 - 11:18 Second session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

11:20 - 11:40 Second session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)
[Enter silently from 11:18 to 11:20. At 11:20 we will intone the bell and begin praying.]

11:40 - 12:00 **Third Conference**

11:40 - 11:55 Third session of reflections on the theme of the day

11:55 - 12:18 Third session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

12:20 - 12:40 Third session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)
[Enter silently from 12:18 to 12:20. At 12:20 we will intone the bell and begin praying.]

12:40 - 1:00 **Eucharist. All are welcome.**

During this Quiet Day we reflect on the words and images we use during our prayer time. How might our contemplative life deepen if we expanded the ways we address and picture God

Dr. Elizabeth Ursic holds an MDiv from Yale Divinity School and the Yale Institute of Sacred Music as well as a PhD in Religious Studies from ASU. She is a member of St. Barnabas, a spiritual director, and a long-time practitioner of contemplative prayer. She is also a musician, professor of world religions, and author of the book *Women Ritual, and Power: Placing Female Imagery of God in Christian Worship* published by SUNY Press.

First Conference:

Exodus 3:13 But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" 14 God said to Moses, "I am who I am." [b] He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'"

Seven "I am" statements from the Gospel of John

1. **I am the bread of life:** (John 6:35) "I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst."
2. **I am the light of the world:** (John 8:12) "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life."
3. **I am the door:** (John 10:7) "I am the door; if any one enters by me, he will be saved, and will go in and out and find pasture."
4. **I am the good shepherd:** (John 10:11, 14) "I am the good shepherd. The good shepherd lays down his life for the sheep."
5. **I am the resurrection and the life:** (John 11:25) "I am the resurrection and the life; he who believes in me, though he die, yet shall he live,"
6. **I am the way, the truth, and the life:** (John 14:6) "I am the way, and the truth, and the life; no one comes to the Father, but by me."
7. **I am the vine:** (John 15:5) "I am the vine; you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing."

Second Conference:

Genesis 1:27 So God created humans[e] in his image, in the image of God he created them; [f] male and female he created them.

Luke Chapter 15 – Parable of Lost Sheep, Parable of Lost Coin and Parable of the Prodigal Son

Luke 15:8 "Or what woman having ten silver coins, if she loses one of them, does not light a lamp, sweep the house, and search carefully until she finds it? 9 And when she has found it, she calls together her friends and neighbors, saying, 'Rejoice with me, for I have found the coin that I had lost.'"

Proverbs 8:1 Does not wisdom call and understanding raise her voice? 2 On the heights, beside the way, at the crossroads she takes her stand.... 8: 23 Ages ago I was set up, at the first, before the beginning of the earth.

Third Conference:

Exodus 1:2 the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed.

Exodus 1:13 Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" 14 God said to Moses, "I am who I am." [b] He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'"

Exodus 17: 21 The Lord went in front of them in a pillar of cloud by day, to lead them along the way, and in a pillar of fire by night, to give them light, so that they might travel by day and by night. 22 Neither the pillar of cloud by day nor the pillar of fire by night left its place in front of the people.