

## The MOCKINGBIRD

All-Parish Newsletter | January - March 2025

## James Finley, Ph.D

Learning to live a more contemplative way of life

A half-day virtual retreat **Interactive Livestream** Saturday, March 8, 2025 | 9:30am -1pm

James Finley lived as a monk at the Abbey of Gethsemani in Kentucky, where Thomas Merton was his spiritual director. Dr. Finley went on to become a clinical psychologist, Merton scholar, and sought-after teacher of contemplative living. He is a faculty member at the Center for Action and Contemplation and author of Merton's Palace of Nowhere, Christian Meditation: Experiencing the Presence of God and The Contemplative Heart. Most recently, Dr. Finley has been the host of the CAC's Turning to the Mystics podcast.

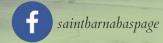
Dr. Finley is a gentle, reverent teacher with a love of humor and storytelling. His retreats at Saint Barnabas in 2015, 2018, and 2023 were highly praised events. We are so pleased to welcome him back again!



To save your spot visit: saintbarnabas.org/james-finley or scan the QR code to the left

> For more information contact: **Ann Hott** (480) 216-7349 ann.hott9@gmail.com

saintbarnabas.org







# Faithful Living, Faithful Legacy Oave the Dates



These men in this early 1960's photo, and the women not shown, left a legacy for all of us when they began the construction of the Sanctuary where we worship. When we are grateful for their legacy to Saint Barnabas, we are reminded of this Bible verse:

"Joshua set up the twelve stones that had been in the middle of the Jordan at the spot where the priests who carried the ark of the covenant had stood. And they are there to this day." Josh. 4:9

The Barnabas Legacy Society was formed over 25 years ago to recognize and thank all those who want part of their legacy to be a gift to Saint Barnabas using their estate plan. We will be honoring Barnabas Legacy Society members at a luncheon on February 2, 2025. Mark your calendars!

Members of the Barnabas Legacy Society are those individuals who have included Saint Barnabas in their estate plans and have notified the office. Unfortunately, we don't know who all of you are! Please email Katie Vinger at katie@saintbarnabas.org and let her know. We'd love to add you to our invitation list.

Creating a Family Legacy

Saint Barnabas members and friends, you are invited to attend a luncheon seminar on Sunday, April 6, 2025, in Hutton Hall at 11:45am. We will explore what a family legacy is and what role family members, the church, and others play in creating these legacies.

Parents, grandparents, aunts, uncles, family friends, church members and others involved in the lives of children will want to attend. Learn how we create and communicate a family legacy - a collection of values and beliefs a family wants to teach their children and how you want your family to be viewed and remembered by others.

Do our actions, language, and behavior represent what we want our family legacy to be? Those attending this session will have the opportunity to identify the persons in their lives who helped create their own legacy and the legacy of their family. A family is not only defined by birth or bloodlines but also by the individuals and groups who shaped us throughout our lives.

The speaker for this session is Dr. Lisa Shaw, a school psychologist for the Scottsdale Public School District. She received her BA at the University of Arizona and her PhD in School Psychology from Arizona State University.

This session is sponsored by the Barnabas Legacy Society and Pastoral Care. Members and friends of Saint Barnabas are welcome to attend. Lunch and games for the kids.



# Missions MEXICO MEDICAL MISSION Planning Ahead!

The Saint Barnabas Mexico Medical Mission (nicknamed StB\_M3) is a group of MD/NP/PA's, pharmacists, nurses, translators, and general staff that come together in July to spend a week in Ensenada, Mexico to be the hands and feet of Jesus – sharing His love by seeking to attend to medical and dental needs while also delivering what we hope is a message of LOVE and tangible care. We will embark on our 29th year in 2025, missing Covid years only and grateful to provide a message of continuity of care to the people of rural Ensenada, under the guidance of Pastor Ruben Castaneda, Iglesia Gran Comisión.





Our patients start with a personal assessment from our nurses, move to their physician with the help of our flow guides, are then directed to the pharmacy for vitamins and meds (if prescribed), and finish in our "dispensa" where they are greeted by a team to find a pair of shoes, t-shirt and a hat and are handed their Blessing Bag. This "bag" is part of the essence of our mission – it is hand sewn by a precious team member and filled by Saint Barnabas and Resurrection Lutheran Church with toiletries (including soap, toothbrush, and toothpaste), rice/beans, and a Bible. We hope that this token meets not only physical needs, but reminds each patient that they matter, that we came to see them and most importantly that Jesus loves them and is near...always.

This year our trip will depart the Saint Barnabas campus bright and early the morning of Sunday, July 13 on our chartered bus, run our clinic in a new location each day Monday through Thursday seeing 1100–1300 patients, and return to Saint Barnabas on the evening of Friday, July 18.

### What you can do:

Please pray for us as we prepare for a new medical education initiative in 2025, including strategy meetings and coordination with the Ensenada government for sites and equipment. Our Blessing Bag collection begins in February.

Visit the Medical Mission table on Sunday, February 2, 2025, for more details or to get involved. We need soap, toothpaste, toothbrushes, and hats (sun hats and ball caps) early this year to ensure they can be transported before our trip. Drop off donations in one of the StB\_M3 mission bins on the four Sundays in February. Join us for a packing party after the 10:15am service on Sunday, March 2, 2025.

Thank you, Saint Barnabas family, for your incredible support in making this mission possible!

#### FOOD DRIVE

### Every third Sunday of the month!

Our food drive collection is on the third Sunday of the month. Food can be dropped off in front of **the Music Center** between 7:45am and 10:15am or dropped off any Sunday of the month. Look for shopping carts in the courtyard! The food you donate will go to food banks that have Episcopal roots. More at *saintbarnabas.org/food-drive*.



# HABITAT FOR HUMANITY UPDATE Progress report on our fall house

We're thrilled to share the latest progress on our Saint Barnabas mission supporting Habitat for Humanity! Thanks to the hard work and dedication of our volunteers, the roofing on our fall house is complete.

The house is now fully dried in, allowing us to shift our focus to the interior work. This is an exciting time to get involved! If you've been considering volunteering, contact **Jay Harris** at <code>jayharris\_1@yahoo.com</code>. Whether you're experienced with drywall or new to construction work, we welcome all skill levels.



Be Part of the Mission! Building a home is a tangible way to live out our faith and make a lasting impact in our community. Watching the transformation from foundation to finished home is incredibly rewarding, and there's always room for more hands on deck. We hope to see you at the build site soon—your time and effort will bring us closer to making this house a home for a family in need. Thank you for continuing to support this vital mission of Saint Barnabas.





#### **BLOOD DRIVE**

WEDNESDAY, FEBRUARY 5, 8AM-12PM | MUSIC CENTER

Across the Valley, the critical need for blood continues. This is one very important way we can help our community friends and neighbors. See the link below for important information on Donor Eligibility, Donor Preparation, Parental Consent forms (for 16 – 17 year olds), general information concerning blood drives, and even a Self-Scheduling link. Appointments are required to participate in our blood drives.

To sign up scan the QR code to the right or visit: saintbarnabas.org/bd-february for more information or email **Hank Parker** at hank@sewfromtheheart.com



# Missions, continued

#### FAMILY PROMISE

# This coming Valentine's Day week, plan to share God's Love with families experiencing homelessness.

Our next boundless Welcome: Family Promise at Saint Barnabas hosting week will be February 9-16, 2025. Look for the sign-up to be posted in our communications all throughout January.

Thank you again to our November 2024 volunteers for all your service to our guest families and for taking the time to share such tremendously helpful feedback with the leadership team. (In case you missed it, you can read about our wonderful November experience here: saintbarnabas.org/family-promise-update)

We will be preparing for this next hosting during Deacon **Susie Parker's** continued sabbatical, so if you have any questions or would like further information, please feel free to contact any of these leadership team members through the church office, (480) 948-5560:

- Kate Fimbres and Susan Tuttle Co-Coordinators
- Mossie Lierle Chefs Team Coordinator
- Paula Nelson Hosts Team Coordinator



## **Contemplative Life**

► CENTERING PRAYER | Mondays 2pm – 3:30pm | Meets in the Jim Clark Contemplative Chapel We intend to open ourselves to the Holy Spirit's transformative action in our minds and hearts. The practice of centering prayer is at the heart of all of our contemplative life ministries at Saint Barnabas. More at: saintbarnabas.org/centeringprayer

► TAIZÉ WORSHIP | Every First Tuesday of the month at 7pm | Sanctuary

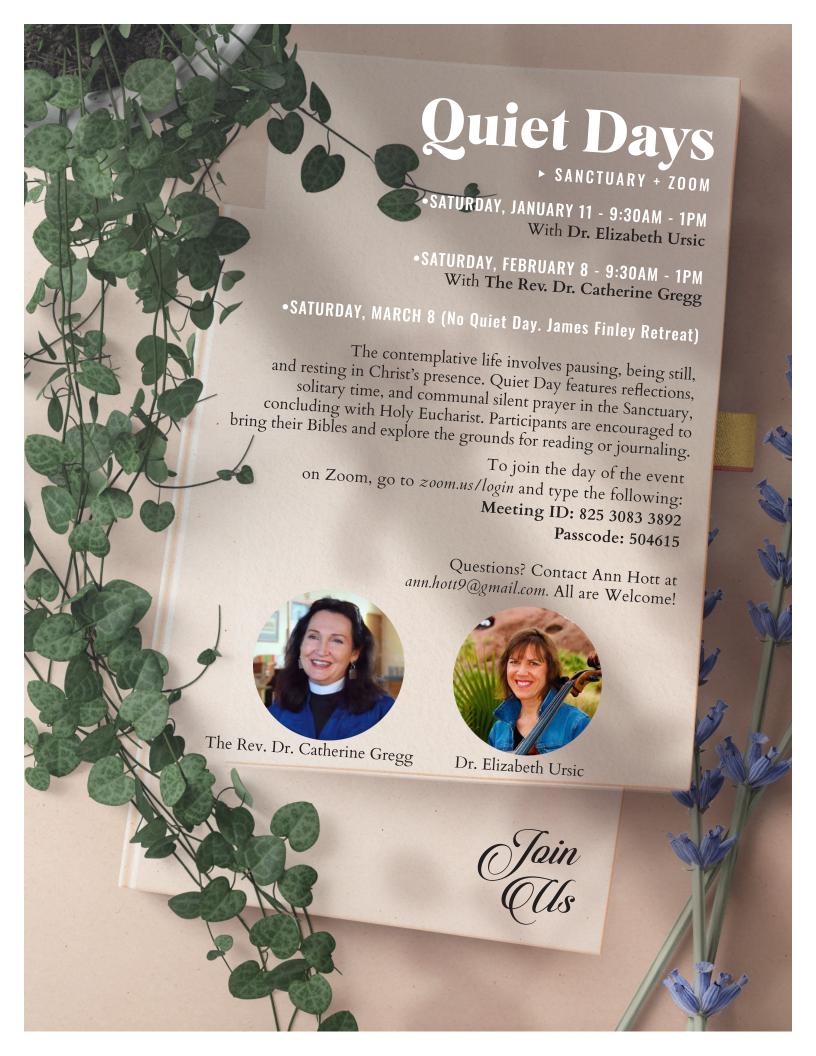
Escape the bustle of life at Saint Barnabas' monthly Taizé service every first Tuesday at 7pm. Step into the Sanctuary's serene ambiance, echoing the tranquil landscapes of France's Taizé community. Experience a unique worship style that offers solace, connection, and spiritual renewal. For further details, don't hesitate to reach out to the **Rev. Jennifer Tucker** at <code>jennifer@saintbarnabas.org</code> or contact the church office. To learn more about our contemplative life program, please visit: <code>saintbarnabas.org/contemplative-life</code>

► EXPLORING POETRY AS A SPIRITUAL PRACTICE | Every First Thursday of the month, 10am – 11:30pm | Meets on ZOOM – Not a writing workshop or book club, but a circle of poetry enthusiasts inviting the Holy Spirit's guidance. Each session, we share spiritual poems, taking turns reading and reflecting. To join, contact Mary Stone at maryspeckerstone@gmail.com

► TAEHS | The ART of Engaging Holy Scripture

The *TAEHS* curriculum at Saint Barnabas is a Bible study, unique in the opportunity to read, engage and learn from scripture. Small groups of 8–10 parishioners begin with overall studies and then select from studies including the Gospels, Genesis, and some Epistles. We have groups on Sunday mornings, Tuesday evenings, Wednesdays at 7:30am (this one on Zoom) and Wednesday mid-morning on campus. Interested? We have a few groups with slots available. Send your questions or requests to **Ann Hott** at: *Ann.Hott9@gmail.com*To read more, please visit: *saintbarnabas.org/taehs* 





# Yearly Celebration ANNUAL MEETING

#### Sunday, January 26, 2025 - 11:30am | Hutton Hall & ZOOM

All are welcome to this joy-filled celebration of Jesus' Presence among the servant saints of Saint Barnabas over the past 12 months, when we will recognize and give thanks for our blessings from 2024 while envisioning our call to discipleship in 2025. The election of new Vestry and Convention delegates will help us to look forward with jubilant anticipation to our future. Read further to see who is nominated. Everyone is invited to celebrate what is to come in this vibrant parish community: All are welcome.

Questions? Please contact the Rev. Robert Berra at robert@saintbarnabas.org, or call the church office.

saintbarnabas.org/annual-meeting | To Join Zoom Meeting go to zoom.us/join and type: Meeting ID: 892 5595 1330 | Passcode: 666964

# Meet our nominees for Vestry and Diocesan Convention

As prescribed by our bylaws, the Vestry Nominating Committee, led by Chair **Karen Steckler**, has produced a slate of nominations this fall to be presented at the Annual Meeting of the Episcopal Parish of Saint Barnabas on January 26, 2025, at 11:30am in Hutton Hall. We are blessed by the dedication of these parishioners to their church.

When you see them on our grounds, thank them for their service!

Ten parishioners are nominated to serve as 2025 Diocesan Convention delegates and alternates. Nominees to attend the 2025 convention as Delegates: Nick Bratcher, Don Henninger, Laurel Kimball, Hank Parker, and Kay Pulatie. Those nominated as alternates (voting if a Delegate cannot serve) are: Larry Erickson, Suzy Erickson, Margaret Shreves, Nancy Weaver, and Scott Weaver. In addition to these elected roles, Don Henninger will continue as our Senior Warden.

# PARISHIONERS NOMINATED FOR SERVICE ON THE SAINT BARNABAS VESTRY



#### Laurel Kimball | Junior Warden (for Re-Election)

Laurel grew up in the Episcopal Church in Iowa and later attended other Protestant churches before joining Saint Barnabas around 2013. Drawn by Quiet Days and Quiet Services, she soon joined a *TAEHS* group that became a source of spiritual growth. Laurel has served on the vestry, contributed to the Welcoming the Neighborhood campaign, and participates in Sunday forums and the Poetry Group. She is committed to building a stronger community of disciples who make disciples, trusting they will navigate the coming transition together.



#### **Dina Horsman**

Dina Horsman is a Phoenix Native and has been attending Saint Barnabas since January 2022. She enjoys the Wednesday night prayer, fellowship, and several of our Missions, especially U.T.O. and Christmas Angels. Dina's family participates in most of the Children and Family Programs throughout the year and looks forward to Broadway Bash and a Visit with Saint Nicholas. Dina's spiritual experiences at Saint Barnabas have strengthened her faith and she is honored to be a nominee to serve on the Vestry.



#### **Bill Marshall**

Bill Marshall has been attending Saint Barnabas with his wife, Margaret, since October 2019. Both are members of the choir, and Bill has enjoyed participating in the Broadway Bash and collaborating with Kate Fimbres, Sarah Petersen, and the Youth programs. Raised in the Methodist church, Bill was a member of Plymouth Congregational Church in Minneapolis for 25 years before joining Saint Barnabas. His professional career was primarily spent as an executive in the printing industry, while also pursuing his passions for theater and music.



#### **Emily Schneider-Krob**

Emily began attending Saint Barnabas over a decade ago through its centering prayer groups, which introduced her to a new and wondrous path in the Christian life. Since then, she has found more and more to appreciate about the church community, for which she is deeply grateful. Her family especially values the children and family programming they all enjoy together. Beyond that, Emily participates in a *TAEHS* group, serves as a greeter, and loves attending faith formation opportunities.



#### **Scott Williams**

Scott has been a resident of Arizona for approximately 30 years, having spent his childhood in California. For the past three years, he has been an active member of Saint Barnabas and is excited about the opportunity to serve on the vestry. With over 20 years of experience in software engineering, Scott enjoys photography, hiking and exploring, and spending quality time with his family during their free time.



**Saint Barnabas Arts Camp** is an opportunity for kids ages 3 through those entering 6th grade to explore the world of fine arts and creativity with Saint Barnabas where all are welcome. Gently faith-based, this one-week camp is filled with fun and engaging activities focusing on the creative process.

The theme for 2025 is *Treasure Hunt*. Each camper will experience visual and performing arts as well as culinary arts every morning. (More information on the next page)



### SAVE THE DATE!

SUNDAY, MARCH 16, 11:30AM - 1 PM



# We're adding 30 minutes of creativity and expanding to 3 different weeks!

#### CAMP HOURS

Camp sessions are scheduled June 9-13, June 16-20 or June 23-27 with activities from 8:30-11:30am. Please choose one week only. Snack and t-shirt are included. Camper drop-off is between 8:15 and 8:30am and pick-up is at 11:30am each day.

Saint Barnabas Extended Day: Saint Barnabas is excited to announce that, after the morning Arts Camp, Future Athletes AZ will be running the extended day program for campers! Your child will have an amazing time staying active with fun group games like capture the flag, dodgeball, and other engaging activities. For quieter moments, Future Athletes staff will also offer a variety of board games and small group games to keep everyone entertained. Future Athletes' program is designed to ensure kids have a blast in a safe, structured environment with plenty of opportunities to make new friends and enjoy their afternoon.

Looking for something fun in July? Future Athletes also run an exciting sports camp that your child can join. For more information and to secure your spot for July, visit FutureAthletesAZ.com.

#### AGE GROUPS

Preschool Camp is a self-contained group with their own camp director and attentive staff and volunteers. Preschool campers are 3 and 4 year olds and must be potty trained. We encourage preschool campers to sign up for the morning only.

Campers entering kindergarten and beyond in fall 2025 participate in the main camp, which includes a daily lesson and small groups engaging in workshops related to culinary arts, visual arts and crafts, and performing arts such as drama, singing, and dance.

**Junior Counselors** (grades 7-10) need to submit an application and complete a Zoom interview. Junior Counselors (JCs) will participate in a training program prior to camp. JC applications open on January 15.

#### PRICING

Saint Barnabas Arts Camp (ages 3-12) Registration: \$95 (8:30am-12pm) Sibling Discount: -\$10 off Extended Day with Future Athletes AZ (12-4:30pm): +\$110

Contact **Sarah Petersen**, Camp Director and Director of Children's Ministries, with questions or to volunteer at: *sarahp@saintbarnabas.org*To Register scan the QR code to the right or visit: *saintbarnabas.org/camp* 

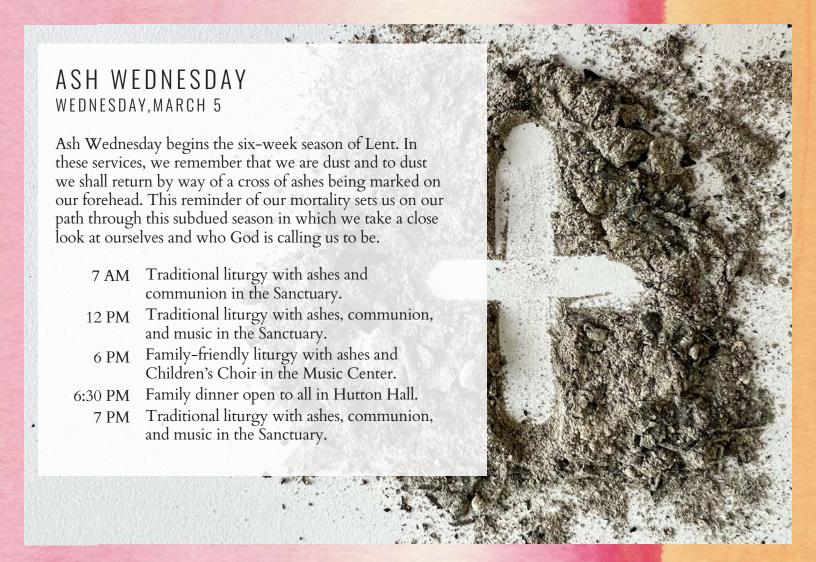


#### 4th - 6th GRADE GROUP

SUNDAY, FEBRUARY 9, 11:30AM - 1PM | THE OTHER CUP

Calling all youth from 4th-6th grade! Join the fun of playing games, eating delicious food and more! Friends are welcome! We will meet from 11:30am – 1:30pm in The Other Cup. Email our Director of Youth Ministries, Kate Fimbres, at *kate@saintbarnabas.org* to find out more.





### RITES OF PASSAGE

## Marriages

Sarah Steensen & Sean Scanlon October 11, 2024

Adrienne Neslund & Christopher Muklevicz October 26, 2024

### Deaths

Mary Bradley
Gwen Carlson
October 11, 2024
October 12, 2024
Dorothy (Dottie) Murphy
November 13, 2024
November 14, 2024
Constance DiBenedetto
December 3, 2024

JANUARY 1	New Year's Day (parish office closed)
JANUARY 2	Exploring Poetry as a Spiritual Practice
JANUARY 5	Twelfth Night concert
JANUARY 7	Taizé Worship
JANUARY 11	Quiet Day
JANUARY 12	Tour the Grounds
JANUARY 16	Book Club
	Lunch & Speaker Series
	The Episcopal Way begins
JANUARY 18	Order of Saint Luke
JANUARY 19	Food Drive
	Grief Circle
JANUARY 20	Martin Luther King Day (parish office closed)
JANUARY 23	The Episcopal Way continues
JANUARY 26	Yearly Celebration/Annual Meeting
JANUARY 30	The Episcopal Way continues

FEBRUARY 2	Barnabas Legacy Society luncheon
FEBRUARY 4	Taizé Worship
FEBRUARY 5	Blood Drive
FEBRUARY 6	Exploring Poetry as a Spiritual Practice
	The Episcopal Way continues
FEBRUARY 8	Quiet Day
	Duo in the Desert concert
FEBRUARY 9-16	Family Promise week
FEBRUARY 13	The Episcopal Way concludes
FEBRUARY 15	Order of Saint Luke
FEBRUARY 16	Food Drive
FEBRUARY 17	Presidents' Day (parish office closed)
FEBRUARY 20	Book Club
	Lunch & Speaker Series
FEBRUARY 22	Introduction to Centering Prayer workshop

MARCH 1	Urban Nocturnes concert
MARCH 2	Tour the Grounds
MARCH 4	Taizé Worship
MARCH 5	Ash Wednesday
MARCH 6	Lenten series begins
MARCH 8	James Finley Virtual Retreat
MARCH 13	Lenten series continues
MARCH 13-16	Centering Prayer retreat (Tucson, AZ)
MARCH 15	Order of Saint Luke
MARCH 16	Food Drive
	Messy Arts Picnic
MARCH 20	Book Club
	Lunch & Speaker Series
	Lenten series continues
MARCH 27	Lenten series continues
MARCH 28-29	Broadway Bash

At Saint Barnabas, we take pride in upholding our tradition of exceptional music, featuring world-class soloists and enriching our community's cultural life. Each concert is held in the stunning sanctuary of Saint Barnabas on the Desert Episcopal Church, home to the renowned Pritzlaff Memorial Pipe Organ. After every performance, we host a reception where you can mingle and reflect on the evening's music.

We invite you to celebrate this exciting concert season with us and explore various opportunities to engage with our Music Ministry.

Don't miss out on the wonderful events we have planned!

For tickets, visit: saintbarnabas.org/concerts-tickets or scan the QR code to the right:













#### COME TO A POETRY READING!

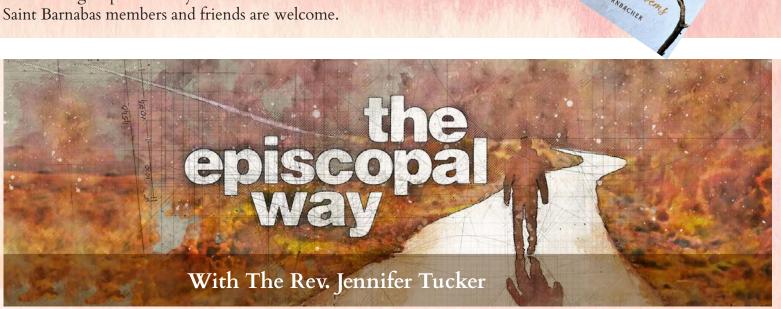
SUNDAY, FEBRUARY 16, 11:15AM - 1PM THE OTHER CUP

### Conversations of the Heart: Poetry as Spiritual Practice

Join us on Sunday, February 16 as 3 poets - all members of the Saint Barnabas group, Exploring Poetry as a Spiritual Practice read their own poetry at The Other Cup after the 10:15am service. Saint Barnabas member Mary Stone will read from Valentine's Dinner at Wren & Wolf, a collection of her original poems which was published last June. Joining Mary will be Kathy Kramer-Howe, a member of Paradise Valley United Methodist Church

reading from her latest book Searching for Jug Bay Sanctuary, and Jay Hornbacher, a staff member at Saint Barnabas from 1999-2005, whose recent collection of poems and short stories is That Which Remains: Reflections of an Old Soul. The poems deal with spirituality and everyday life.

The reading is sponsored by the Saint Barnabas Bookstore.



6:15pm on Thursday evenings | from January 16 - February 13 Meets in the Learning Center Library | SAVE YOUR SPOT NOW!

What makes the Episcopal Church unique? How does our rich heritage offer wisdom for following Jesus? Join us as we explore Episcopal traditions. We'll delve into the "Three-Legged Stool" of Scripture, Tradition, and Reason, discover the Book of Common Prayer's tools for every life situation, and reflect on why the Episcopal way nurtures and sustains our souls. Questions? Contact the Rev. Jennifer Tucker at: Jennifer@saintbarnabas.org. RSVP by scanning QR code to the right, or visit: saintbarnabas.org/the-episcopal-way-2025



LAKE MATTAWA

Kathy Kramer-Howe



#### ARE YOU INTO FINANCE?

Please take note! - We're looking for volunteers with corporate finance expertise to assist the Finance Committee on key projects. This is a great way to serve your church community while using your professional skills. Interested? Contact Jeff Bell at: jeffreycbell@msn.com.

MARY SPECKER STONE

Valentine's Dinner

at Wren & Wolf



Current Resident or:



