

Community-Based Resources for Home Safety and Caregiver Support

There are a number of steps that can be taken to help ensure that the home environment is safe for “aging in place.” These include fall risk prevention, fire safety, environmental awareness, and access to community

Additionally, as friends and family get older, the level of care needed to properly provide for their needs begins to transition in the time, physical stamina, and complexity that is required. Taking care of a loved one can be a 24-hour responsibility, but it does not have to be without assistance.

We have assembled a list of personal safety resources along with those for caregiver assistance within the State of Arizona. If something in your area is not listed, please contact local city fire department/community health and safety division to gather further information.

Statewide Services

Respite care options for all ages.

- [Arizona Department of Economic Security: Community Resources for Respite](#)
- [Arizona Caregiver Coalition- Caregiver Respite](#)
- [Ability 360](#) (focused on disability-related services)

Services for seniors

- [Area Agency on Aging \(available for all counties\)](#)

General Services Within Maricopa County

Services for Seniors

- [Area Agency on Aging Region 1](#) (Maricopa County; includes respite, in-home services, behavioral health, benefits assistance, long-term care ombudsman, and 24-hour help line)
- [Maricopa County Senior and Adult Independent Living Program](#)

Home Inspection and Safety Services

****Maricopa County****

- [Safe at Home- Fire and Fall Prevention Services](#)

City of Chandler

- [Home Lockbox Program for Seniors](#)
- [Chandler Cares Team](#)

Town of Fountain Hills

- [Senior Meal Services/Well Checks](#)
- [Home Lockboxes for Seniors \(through Scottsdale Realtors\)](#)

City of Glendale

- [ADA modifications through non-profit partners](#)
- [Home Rehabilitation Programs for Safety](#)
- [Residential Lockbox Program](#)

City of Mesa

- [City of Mesa Home Safety Education \(HSE\)](#)
- [City of Mesa Lock Box Procedures](#)

Town of Paradise Valley

- [Emergency Assistance for the Disabled](#)

City of Phoenix

- [City of Phoenix Lock Box Program](#) (scroll to bottom of page)
- [City of Phoenix Programs for Seniors and Older Adults](#)

City of Scottsdale

- [City of Scottsdale Home Safe Home](#)
- [City of Scottsdale Home Lock Box](#)

City of Tempe

- [City of Tempe Emergency Preparedness](#)
- [City of Tempe Home Lock Box](#)

If your city is not listed, please call the police or fire department non-emergency numbers and ask for resources for seniors for: home safety inspections for smoke alarms and fall prevention, lock boxes for emergency responders, any other transportation, financial, housing, or meal resources.

Financial Assistance Options

[APS Financial Assistance Program](#)

[Low-Income Home Energy Assistance Program \(DES\)](#)

[Maricopa County Utility Assistance](#)

[Southwest Gas Assistance Program](#)

[SRP Assistance Program](#)

Hearing Loss Resources

[Hearing Loss Association of America](#)

[Arizona Commission for the Deaf and Hard of Hearing](#)

[AzTEDP program for assistive telecommunications equipment](#)

[Relay services for phone calls](#) (must have compatible phone).

[Innocaption](#) (live captioning on cell phone)

[Caption Call](#) (live phone call captioning)

[Hearing Healthcare Assistance Project \(HHAP\)](#)

[About texting 911 in Arizona](#)

Condition-Specific Resources

[Alzheimer's Association- Help and Support](#)

[Arizona Fall Prevention Coalition](#)

[The Michael J Fox Organization for Parkinson's Research](#)

[Parkinson's Foundation](#)

[The Alzheimer's Association of America](#)

Emergency Alert/ID Resources

[Medic Alert Medical ID Bracelets](#) (Emergency phone support available)

[Road ID Medical Alert Bracelets](#) (Fabric bands available for tactile comfort)

[Lauren's Hope Medical ID Bracelets](#) (Available in plastic and nickel-free options for metal allergies)

[Life Alert](#) (pendants/wristbands with dispatch center)

[Apple Watch](#) (for fall alert and notification of emergency services; only Watch series 4 and later)

Mental Health

A person can experience mental health challenges at any age.

National 988 Suicide and Crisis Lifeline:

- 988 Suicide & Crisis Lifeline: Dial 988
- National Substance Use and Disorder Issues Referral and Treatment Hotline: 1-800-662-HELP (4357)

- [Lifeline Chat](#)
- [Videophone Option: https://988lifeline.org/deaf-hard-of-hearing-hearing-loss/](https://988lifeline.org/deaf-hard-of-hearing-hearing-loss/)

Arizona Statewide Crisis Line:

- Phone: 1-844-534-HOPE (4673)
- Text: 4HOPE (44673)
- [Chat](#)

[List of county-by-county and tribal resources](#)

Disclaimer: This is not an exhaustive list of resources that are available, but can serve as a starting point to lead you to the proper support needed in your personal health or caregiving journey. **These are provided as references, but ASU Speech and Hearing Clinic does not specifically endorse any specific resource over other listed or unlisted options.**