

Quiet Day
April 11, 2026
“THE RISK OF LOVING”

9:30 - 9:40 **Introduction**

9:40 - 10:40 **First Conference**

9:40 - 9:55 First presentation of reflections: **Part 1. The risk God took in loving us.**

9:55 - 10:18 First session for discursive prayer, journaling, walking the labyrinth, strolling the grounds, or reflection in the church. Restrooms and refreshments are in the Music Center. Stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet and keep talking to a minimum. If you need to talk to someone, please do so quietly. Thank you!**

10:20 - 10:40 First session of Silent Prayer in the sanctuary or thoughtful meditation in the Music Center.
[Enter silently from 10:18 to 10:20. At 10:20 we will intone the bell and begin silent prayer.]

10:40 - 11:40 **Second Conference**

10:40 - 10:55 Second presentation of reflections: **Part 2. The risk we take in loving others.**

10:55 - 11:18 Second session for discursive prayer, journaling, walking the labyrinth, strolling the grounds, or reflection in the church. Restrooms and refreshments are in the Music Center. Stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet and keep talking to a minimum. If you need to talk to someone, please do so quietly. Thank you!**

11:20 - 11:40 Second session of Silent Prayer in the Sanctuary or thoughtful meditation in the Music Center.
[Enter silently from 11:18 to 11:20. At 11:20 we will intone the bell and begin silent prayer.]

11:40 - 12:00 **Third Conference**

11:40 - 11:55 Third presentation of reflections: **Part 3. The risk we take in loving ourselves.**

11:55 - 12:18 Third session for discursive prayer, journaling, walking the labyrinth, strolling the grounds, or reflection in the church. Restrooms and refreshments are in the Music Center. Stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet and keep talking to a minimum. If you need to talk to someone, please do so quietly. Thank you!**

12:20 - 12:40 Third session of Silent Prayer in the Sanctuary or thoughtful meditation in the Music Center
[Enter silently from 12:18 to 12:20. At 12:20 we will intone the bell and begin praying.]

12:40 - 1:00 **Eucharist. All are welcome.**

Matthew 22:34 – 40. (RSV)

34 But when the Pharisees heard that he had silenced the Sadducees, they came together. 35 And one of them, a lawyer, asked him a question, to test him. 36 **“Teacher, which is the great commandment in the law?”** 37 **And he said to him, “You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. 38 This is the great and first commandment. 39 And a second is like it, You shall love your neighbor as yourself. 40** On these two commandments depend all the law and the prophets.”

John 1:1-18 (RSV)

In the beginning was the Word, and the Word was with God, and the Word was God.

2 He was in the beginning with God; 3 all things were made through him, and without him was not anything made that was made. 4 In him was life, and the life was the light of men. 5 The light shines in the darkness, and the darkness has not overcome it.

6 There was a man sent from God, whose name was John. 7 He came for testimony, to bear witness to the light, that all might believe through him. 8 He was not the light, but came to bear witness to the light.

9 **The true light that enlightens every man was coming into the world. 10 He was in the world, and the world was made through him, yet the world knew him not. 11 He came to his own home, and his own people received him not. 12** But to all who received him, who believed in his name, he gave power to become children of God; 13 who were born, not of blood nor of the will of the flesh nor of the will of man, but of God. 14 And the Word became flesh and dwelt among us, full of grace and truth; we have beheld his glory, glory as of the only Son from the Father.

15 (John bore witness to him, and cried, "This was he of whom I said, 'He who comes after me ranks before me, for he was before

me.") 16 And from his fulness have we all received, grace upon grace. 17 For the law was given through Moses; grace and truth came through Jesus Christ. 18 No one has ever seen God; the only Son, who is in the bosom of the Father, he has made him known.

John 3:16-19 (RSV)

16 **For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. 17** For God sent the Son into the world, not to condemn the world, but that the world might be saved through him. 18 He who believes in him is not condemned; he who does not believe is condemned already, because he has not believed in the name of the only Son of God. 19 And this is the judgment, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil.

1st John 4:7-12, 19-21 (ESV)

7 **Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. 8 Anyone who does not love does not know God, because God is love. 9 In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might live through him. 10 In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins. 11 Beloved, if God so loved us, we also ought to love one another. 12 No one has ever seen God; if we love one another, God abides in us and his love is perfected in us. 19** We love because he first loved us. 20 If anyone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot love God whom he has not seen. 21 And this commandment we have from him: whoever loves God must also love his brother.

Philippians 2:5-11 (RSV)

5 Have this mind among yourselves, which is yours in **Christ Jesus, 6 who, though he was in the form of God, did not count equality with God a thing to be grasped, 7 but emptied himself, taking the form of a servant, being born in the likeness of men. 8 And being found in human form he humbled himself and became obedient unto death, even death on a cross.**

9 Therefore God has highly exalted him and bestowed on him the name which is above every name, 10 that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, 11 and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

Hymn: “O love, how deep, how broad, how high”

Latin, 15th c. Attributed to Thomas à Kempis.
Tr. Benjamin Webb (1819-1885), alt.

1. O love, how deep, how broad, how high!
how passing thought and fantasy,
That God, the Son of God, should take
Our mortal form for mortals' sake.

2. For us he was baptized, for us he bore
His holy fast, and hungered sore;
For us temptations sharp he knew;
For us the tempter overthrew.

3. For us he prayed, for us he taught,
For us his daily works he wrought,
By words, and signs, and actions, thus
Still seeking not himself, but us.

4. For us to wicked hands betrayed,
Scourged, mocked, in purple robe arrayed,
He bore the shameful cross and death;
For us gave up his dying breath.

5. For us he rose from death again,
For us he went on high to reign,
For us he sent his Spirit here
To guide, to strengthen, and to cheer.

6. All glory to our Lord and God
For love so deep, so high, so broad;
The Trinity whom we adore
For ever and for ever more.

Source: *The Hymnal*, 1982. #448.